











Milk, Fruit and Juice offered daily with breakfast.

NORTHEAST HIGH BREAKFAST

	Monday	Tuesday	Wednesday	Thursday	Friday	
	⁴ Cereals, Assorted or Pop tart Chilled Apple Yogurt, Assorted Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	⁵ Breakfast Bake or Cereals, Assorted Fresh Fruit Milk, Choc. Skim MILK, 1% Lowfat	⁶ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Jelly, Assorted	⁷ Pancakes or Cereals, Assorted Graham Crackers Sausage Links Applesauce Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Syrup	⁸ Breakfast Pizza or Cereals, Assorted Graham Crackers Fruit Cocktail Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	
	⁹ Breakfast Round or Cereals, Assorted Yogurt, Assorted Pineapple Tidbits Granola Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	¹⁰ Scrambled Eggs or Cereals, Assorted Biscuits Peaches Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Ketchup Picante Sauce	¹³ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Jelly, Assorted	¹¹ Cinnamon Rolls or Cereals, Assorted Yogurt, Assorted bananas Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	¹² Breakfast Pizza or Cereals, Assorted Graham Crackers Fruit Cocktail Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	
	¹⁴	¹⁵ Sausage Biscuit or Cereals, Assorted Graham Crackers Pineapple Tidbits Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	²⁰ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Jelly, Assorted	²¹ Chocolate chip Oatmeal Bar or Cereals, Assorted Yogurt, Assorted Chilled Pears Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	¹⁶ Breakfast Pizza or Cereals, Assorted Graham Crackers Fruit Cocktail Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat	
	²⁵ Pancake/Sausage Stick or Cereals, Assorted Graham Crackers Orange Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Syrup	²⁶ Biscuits or Cereals, Assorted Ham/ Egg/ Cheese Bar Chilled Apple Milk, Choc. Skim MILK, 1% Lowfat	²⁷ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat Jelly, Assorted	²⁸ Muffins or Cereals, Assorted Fresh Fruit Yogurt, Assorted Granola Fruit Juice Milk, Choc. Skim MILK, 1% Lowfat		

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