



**Breakfast in Classroom**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Children who eat breakfast perform better academically and also behave better.</b></p>		<p>1 Mini Maple Pancakes or Cereal pouches Graham Crackers Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>2 Dutch Waffle or Cereal pouches Yogurt, Assorted Chilled Fresh Fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>3 Chicken Biscuit or Cereal pouches Peaches Fruit Juice Milk, Choc. Skim MILK,1% Lowfat Ketchup Salad Dressing</p>
	<p>6</p>	<p>7 Muffins or Cereal pouches Fruit cups Fruit Juice Yogurt, Assorted Milk, Choc. Skim MILK,1% Lowfat</p>	<p>8 Mini Cinnis or Cereal pouches Yogurt, Assorted Elf Grahams Chilled Fresh Fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>9 Breakfast Round or Cereal pouches Yogurt, Assorted Applesauce Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>
<p>13 Apple Frudel or Cereal pouches Elf Grahams String Cheese Stix Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>14 Biscuits or Cereal pouches Ham/ Egg/ Cheese Bar Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat Ketchup</p>	<p>15 Bagel or Cereal pouches Elf Grahams Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat Cream Cheese Jelly, Assorted</p>	<p>16 Mini French Toast or Cereal pouches Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>17 Pancake/Sausage Stick or Cereal pouches Graham Crackers Chilled Fresh Fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>
<p>20 Uncrustable P.B.J. or Cereal pouches Fruit Juice Chilled Pears Yogurt, Assorted Milk, Choc. Skim MILK,1% Lowfat</p>	<p>21 Breakfast Pizza or Cereal pouches Fruit Juice Fruit Cocktail Milk, Choc. Skim MILK,1% Lowfat</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>27 Pop tart or Cereal pouches Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>28 Mini Maple Waffles or Cereal pouches String Cheese Stix Applesauce Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>29 Sausage Biscuit or Cereal pouches Pineapple Tidbits Fruit Juice Milk, Choc. Skim MILK,1% Lowfat</p>	<p>30 Breakfast Burrito or Cereal pouches Canned fruit Fruit Juice Milk, Choc. Skim MILK,1% Lowfat Picante Sauce</p>	

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