






# February

Milk, Fruit and Juice offered daily

Preschool/Headstart Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
				Chicken Fried Patty Whipped Potatoes Fruit MILK, 1% Lowfat	
	<sup>5</sup> Viking Beef & Bean Burrito Refried Beans Peaches MILK, 1% Lowfat Picante Sauce	<sup>6</sup> Texas Bar B-Q Beef on Bun CORN Fruit Cocktail MILK, 1% Lowfat	<sup>7</sup> Popcom Chicken Pre CHICKEN GRAVY Whipped Potatoes Chilled Apple Seasoned Green Beans MILK, 1% Lowfat	<sup>8</sup> Chicken Quesadilla CORN Orange MILK, 1% Lowfat	<sup>9</sup>
	<sup>12</sup> Pigs in Blanket Elem Broccoli with Cheese Pineapple Tidbits MILK, 1% Lowfat Ketchup	<sup>13</sup> Grill Chicken Sandwich Baked Beans Lettuce Chilled Pears MILK, 1% Lowfat Ketchup Salad Dressing	<sup>14</sup> Fish Strips Mac and Cheese -HKM CORN Bananas MILK, 1% Lowfat	<sup>15</sup> Chicken Tetrazinni HKM Seasoned Carrots WG Breadstick 1 oz. Fresh Kiwi MILK, 1% Lowfat	<sup>16</sup>
	<sup>19</sup>	<sup>20</sup> Corn Dog Seasoned Broccoli Chilled Apple MILK, 1% Lowfat Ketchup	<sup>21</sup> Mr Ribb on Bun Broccoli with Cheese Applesauce Sun Chips MILK, 1% Lowfat	<sup>22</sup> Northeast Salisbury Steak Whipped Potatoes Orange-Pineapple Salad Wheat Roll MILK, 1% Lowfat Gravy, Brown - low sodiu	<sup>23</sup>
	<sup>26</sup> Lasagna Garden Salad Peaches MILK, 1% Lowfat	<sup>27</sup> Chicken Wrap-Elem Lettuce Seasoned Carrots mandarin oranges MILK, 1% Lowfat Bar-B Q Sauce	<sup>28</sup> Chili Crisпитos Grape Tomatoes Pineapple Tidbits MILK, 1% Lowfat		

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