











NORTHEAST HIGH BREAKFAST

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Benefits of School breakfast include: higher performance on standardized tests and			¹ Pancakes or Cereals, Assorted Graham Crackers Sausage Links Applesauce Fruit Juice	⁵ Scrambled Eggs or Cereals, Assorted Biscuits Peaches Fruit Juice	
	⁶ Breakfast Round or Cereals, Assorted Yogurt, Assorted Pineapple Tidbits Granola Fruit Juice	⁶ Sausage Biscuit or Cereals, Assorted Graham Crackers Pineapple Tidbits Fruit Juice	⁷ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice	⁸ Pancake/Sausage Stick or Cereals, Assorted Graham Crackers Orange Fruit Juice	⁸ Breakfast Burrito or Cereals, Assorted Tri-Tators Orange Fruit Juice	
	¹² Cereals, Assorted or Uncrustable P.B.J Chilled Pears Fruit Juice Yogurt, Assorted	¹³ Dutch Waffle or Cereals, Assorted Graham Crackers Fresh Fruit Fruit Juice	¹⁴ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice	¹⁵ Powered Mini Donuts or Cereals, Assorted Fresh Fruit Fruit Juice Yogurt, Assorted	¹⁶ Biscuits or Cereals, Assorted Ham/ Egg/ Cheese Bar Chilled Apple	
	¹⁹	²⁰ Cereals, Assorted or Pop tart Chilled Apple Yogurt, Assorted Fruit Juice	²¹ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice	²² Brkfst Sliders or Cereals, Assorted Fresh Fruit Fruit Juice	²³ Breakfast Pizza or Cereals, Assorted Graham Crackers Fruit Cocktail Fruit Juice	
	²⁶ Muffins or Cereals, Assorted Fresh Fruit Yogurt, Assorted Granola Fruit Juice	²⁷ Chicken Biscuit or Cereals, Assorted Peaches Fruit Juice	²⁸ Biscuits or Country Gravy Cereals, Assorted Cereal Bar Bananas Fruit Juice			

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