



NORTHEAST HIGH BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 Powered Mini Donuts or Cereals, Assorted Fresh Fruit Fruit Juice Yogurt, Assorted	4 Brkfst Sliders or Cereals, Assorted Fresh Fruit Fruit Juice	5 Biscuits Country Gravy or Cereals, Assorted Cereal Bar Bananas Fruit Juice	6 Breakfast Bake or Cereals, Assorted Fresh Fruit Milk, Choc. Skim MILK, 1% Lowfat	7 Pancakes, or Cereals, Assorted Graham Crackers Sausage Links, Applesauce Fruit Juice
10 Chocolate Mini Donuts or Cereals, Assorted Yogurt, Assorted Fresh Fruit Fruit Juice	11 Sausage Biscuit or Cereals, Assorted Graham Crackers Pineapple Tidbits Fruit Juice	12 Biscuits Country Gravy or Cereals, Assorted Cereal Bar Bananas Fruit Juice	13 Scrambled Eggs or Cereals, Assorted Biscuits Peaches Fruit Juice	14 Cinnamon Rolls or Cereals, Assorted Yogurt, Assorted bananas, raw Fruit Juice
17 Breakfast Round or Cereals, Assorted Yogurt, Assorted Pineapple Tidbits Granola Fruit Juice	18 Biscuits Country Gravy or Cereals, Assorted Cereal Bar Bananas Fruit Juice	19-21 Benefits of School breakfast include: higher performance on standardized tests and better attendance.		
24	25-28 Merry Christmas and Happy New Year!			28
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